

Giving you the best cardio workout ever!



Featuring self-balancing oversized pedals with adjustable straps, easy seat adjustment and one-piece seat setting, the step-through design of Steelflex PR10 Recumbent Bike brings the superior riding comfort that makes the cardio workout more enjoyable and efficient.

PR10 SPECIFICATIONS

Features	Integrated water bottle holder with accessory storage, Personal Workout App, USB Charging
Console	7-window LED Display
Display Feedback	Time, Distance, Calories, Pulse, Level, Speed, Watt, RPM.
Programs	8 programs Manual, Cardio, Interval, Fat Burn, Training, HRC, Custom 1 & Custom 2
Tension Control	Program Control
Resistance Levels	30
Resistance System	ECB Resistance
Power Requirements	Self-generated
Watt	10-400 Watts
Pedals	Self-balancing with easy adjust straps
Fore / Aft Seat Adjustments	20 Levels
Vertical Seat Adjustments	N/A
Transport Wheels	Yes
Wireless & Contact Grips	Yes
Max. User Weight	400 lbs / 180 kg
Dimensions(L×W×H)	178.5 × 76 × 143 cm / 70" × 30" × 56"
Product Weight	205 lbs / 93 kg

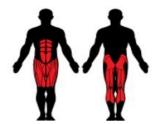
MUSCLE GROUPS

> Abdominals

> Calves

HRC

- > Gluteus Maximus
- > Hamstrings
- > Quadriceps



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Steelflex **PR10** Recumbent Bike